### Course SLOs

#### Compton: Course SLOs (Div 1) - Kinesiology/Physical Education

**Course SLO Assessment Cycle:**
- 2013-14 (Spring 2014)
- 2016-17 (Spring 2017)

**Input Date:**
- 12/17/2013

**Course SLO Status:**
- Active

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<th>Assessment Methods &amp; Standard and Target for Success / Tasks</th>
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<td><strong>Assessment Method Description:</strong> Students will be assessed for cardiovascular endurance, flexibility, and muscular strength and endurance. Cardiovascular endurance assessments include a mile run, intervals, and sprints which are timed. Muscular strength and endurance assessments are based on repetitions (number) completed. See attached.</td>
<td>05/23/2014 - I was surprised by the number of women who do not passed the assessments. I know that fitness and conditioning level of the students relates to how successful they are on the court. The common thread between the students who met the instructors expectations is that they were all returning/more mature players who understood the importance of off season conditioning because they participated in the class the previous semester. The students who were new to the program were not mature enough to understand the vital link between off season conditioning and how it leads to success on the court.</td>
<td>05/23/2014 - The common thread between the students who met the instructors expectations is that they were all returning/more mature players who understood the importance of off season conditioning because they participated in the class the previous semester. The students who were new to the program were not mature enough to understand the vital link between off season conditioning and how it leads to success on the court. Instructor plans to use the &quot;buddy&quot; system by joining returning players with newcomers so the less mature players are motivated by the returning players.</td>
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<tr>
<td><strong>Assessment Method:</strong> Exam/Test/Quiz</td>
<td><strong>Standard and Target for Success:</strong> Instructor expects 80% of students will score 80% or above on this SLO.</td>
<td><strong>Faculty Assessment Leader:</strong> Tracey McNeil</td>
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<td><strong>Related Documents:</strong> Scoring Scale for Off Season.docx</td>
<td><strong>Semester and Year Assessment Conducted:</strong> 2013-14 (Spring 2014)</td>
<td><strong>Action Category:</strong> Teaching Strategies</td>
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| Assessment Method Description: I will assess each student-athlete 3 times; a pretest, a mid-term test, and a final test. The pretest will be done in their 2nd game, the mid-term test will be done in the 16th game of the season, and the final test will be given at the final game of the season - game #36. | 05/09/2014 - Of the 16 student-athletes, the results of the pretest revealed only 5 players could successfully field 10 ground balls. During the midterm test, 10 of the 16 student-athletes demonstrated proficiency in fielding. And finally, at our final game #36, 16 of the 16 student-athletes could fundamentally field all 10 of the 10 ground balls given. | 08/25/2014 - The next assessment will require student-athletes to be able to not only field the ball successfully, but will require for the fielder to do it in a more timely manner while being able to throw the ball immediately after fielding it. |
| **Assessment Method:** Performance | **Standard Met?** Yes | **Action Category:** Teaching Strategies |
| **Standard and Target for Success:** The target for success will be for each student-athlete to be able to field 5 more ground balls than their previous record of fielding. | **Semester and Year Assessment Conducted:** 2013-14 (Spring 2014) | |
| **Faculty Assessment Leader:** Amanda Megan Martinez | **Faculty Contributing to Assessment:** Not applicable. |

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**Faculty Assessment Leader:** Amanda Megan Martinez | **Faculty Contributing to Assessment:** Not applicable.
### Course SLOs

**Course SLO Assessment Cycle:**
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Active

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**Assessment Methods & Standard and Target for Success / Tasks**

**Assessment Method:**
Presentation/Skill Demonstration

**Standard and Target for Success:**
1. Demonstrate accuracy of serve 2 of 10 times
2. Demonstrate accuracy of serve 4 of 10 times
3. Demonstrate accuracy of serve 6 of 10 times
4. Demonstrate accuracy of serve 8 of 10 times
5. Unable to demonstrate accuracy (0 of 10).

Accuracy will be assess by completing both activity task, (boundary line and below the ribs for a score of plus 1)

Seventy five percent of students will get a 8 out of 10

**Results**

- POST-TEST: 6 athletes recorded at number 4 level 8 of 10 times, 1 athlete recorded at number 2 level 4 of 10 times in high serve

**Standard Met? :**
Yes

**Semester and Year Assessment Conducted:**
2013-14 (Spring 2014)

**Faculty Assessment Leader:**
Juan Diaz

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**Course SLO Assessment Cycle:**
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**Input Date:**
12/17/2013

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**Assessment Methods & Standard and Target for Success / Tasks**

**Assessment Method Description:**
Beginning in week 2, student athletes are asked to run one timed mile each once a month. But they practice the skill every workout throughout the semester.

**Assessment Method:**
Performance

**Standard and Target for Success:**
100% of students will achieve a PB for one timed mile by the end of the semester.

Each timed mile is recorded by the faculty member and compared to the previous timed mile.

A PB is any reduction in the timed mile attempts.

**Results**

- 05/27/2014 - 28 students attempted the ongoing semester assessment.
  - 20 students achieved a PB for the timed mile
  - 8 students did not achieve a PB for the timed mile

**Standard Met? :**
No

**Semester and Year Assessment Conducted:**
2013-14 (Spring 2014)

**Faculty Assessment Leader:**
Shannon B. Williams

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**Action Category:**
Teaching Strategies

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10/24/2014 - Faculty member will engage in one-on-one consultations with students who do not show improvement or show regression in the PB...and those consultations will be attentive to the personal motivation of each student.
### Course SLOs

**Intro to Kinesiology/Phys Ed - SLO #1 Basic Concepts** - Students will identify and describe the basic concepts of Kinesiology. (Created By Compton: Course SLOs (Div 1) - Kinesiology/Physical Education)

**Course SLO Assessment Cycle:**
- 2013-14 (Spring 2014)
- 2016-17 (Spring 2017)

**Input Date:** 12/17/2013

**Course SLO Status:** Active

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### Assessment Methods & Standard and Target for Success / Tasks

**Assessment Method Description:**
Students will do a term project that identifies the 10 core concepts of kinesiology to identify, describe, the concepts and present at least one example of each, or as many as the student can.

**Assessment Method:**
Term/Research Paper

**Standard and Target for Success:**
The standard for this course is that 60% of the students will complete this project with a minimum grade of 70% or higher.

**Related Documents:**
PE277-rubric.jpg

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05/14/2014 - This course is only offered in the Fall, and recently has been offered in the spring with two adjunct instructors teaching the sections.

**DATA:**
FALL 2013 - 31 out of 33 students completed the course assignment that addressed the SLO for this course.

The following are the core concepts in this course:
Range of motion, speed of motion, number of body segments, nature of body segment, balance, coordination, compactness, extension and release, path of projection, and spin.

6 students were able to identify and describe 10 of the 10 core concepts. 7 students were able to identify and describe 8 of the 10 core concepts. 14 students were able to identify and describe 6 of the 10 core concepts, 4 of the students were able to identify and describe 4 of the 10 core concepts, and 1 student was not able to identify core concepts, or if he/she did, they were unable to describe it. 93% of the students were able to identify and describe at least 4 of the 10 core concepts or more.

**ANALYSIS:**
By referring to each of the 10 core concepts throughout the semester, students have become very familiar with these terms and used them extensively in their discussion questions and reflections.

**Standard Met?**
Yes

**Semester and Year Assessment Conducted:**
2013-14 (Spring 2014)

**Faculty Assessment Leader:**
Ladislao Mendoza

11/21/2015 - I will raise the standard from 60% to 70% of students who will get at least 70% or higher.

**Action Category:**
SLO/PLO Assessment Process
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<td>Compton: Course SLOs (Div 1) - Kinesiology/Physical Education - COM: PE 5ABC - Off Seas Trng Men Fibl Tm - SLO #1 Skill Demonstration - Student will demonstrate the proper technique of the skills need his specific position on the football team. (Created By Compton: Course SLOs (Div 1) - Kinesiology/Physical Education)</td>
<td><strong>Course SLO Assessment Cycle:</strong> 2013-14 (Spring 2014) 2016-17 (Spring 2017) <strong>Input Date:</strong> 12/17/2013 <strong>Course SLO Status:</strong> Active</td>
<td><strong>Assessment Method Description:</strong> Through practical examination by instructor the student will demonstrate proficiency in the appropriate skill. All students will practice each skill for three weeks and they will be assessed throughout the semester once a month <strong>Assessment Method:</strong> Performance <strong>Standard and Target for Success:</strong> 1) 100% of Student athletes will properly field their position a minimum of three times-regardless of the number of attempts. 2) Student will properly field their position 5 of 10 times. 3) Student will properly field their position 7 of 10 times. 4) Student will properly field their position 9 of 10 times. Fundamentally, properly fielding occurs when a position player gets in front of the ball, shoulder should be square and the fielder should move their feet in the direction of the player they are throwing the ball.</td>
<td><strong>Results:</strong> 05/26/2014 - Total Students = 50 30 students got a 5 on the rubric 10 students got a 4 on the rubric 10 students got a 3 on the rubric <strong>Standard Met? :</strong> No <strong>Semester and Year Assessment Conducted:</strong> 2013-14 (Spring 2014) <strong>Faculty Assessment Leader:</strong> Shannon Williams</td>
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<td>10/24/2014 - Faculty member will be required to spend additional class time on fielding and fielding techniques and fundamentals. This will require a revamp of the semester calendar</td>
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<tr>
<td>Compton: Course SLOs (Div 1) - Kinesiology/Physical Education - COM: PE 5ABC - Men's Intrcol Bseball Team - SLO #1 Fielding - Student will demonstrate proficiency in fielding of their appropriate position in baseball. (Created By Compton: Course SLOs (Div 1) - Kinesiology/Physical Education)</td>
<td><strong>Course SLO Assessment Cycle:</strong> 2013-14 (Spring 2014) 2016-17 (Spring 2017) <strong>Input Date:</strong> 12/17/2013 <strong>Course SLO Status:</strong> Active</td>
<td><strong>Assessment Method Description:</strong> After proper instruction of ball control, then they were given instruction (verbally) on instep ball control. Demonstrations were given and provided. The student was graded by assessing their body language: Rubric: 5 done per the instructions 4 done w minor errors 3 done w intent..but failed, tripped 2 done w no intent..and failed, or tripped</td>
<td><strong>Results:</strong> 05/12/2014 - Out of 10 female soccer players: 9 out of 10 got a 5 out of 5 on both assessments 1 out of 10 got a 4 out of 5 on both assessments. <strong>Standard Met? :</strong> No <strong>Semester and Year Assessment Conducted:</strong> 2013-14 (Spring 2014) <strong>Faculty Assessment Leader:</strong> Abdul Sesay</td>
</tr>
<tr>
<td>Compton: Course SLOs (Div 1) - Kinesiology/Physical Education - COM: PE 61ABC - Off Seas Trng Wmn Soccer - SLO #1 Instep Passing and Shooting - Student will demonstrate the task of proficiency in volleying the soccer ball with the instep of both feet, in the skill of passing and shooting on goal. (Created By Compton: Course SLOs (Div 1) - Kinesiology/Physical Education)</td>
<td><strong>Course SLO Assessment Cycle:</strong> 2013-14 (Spring 2014)</td>
<td><strong>Assessment Method Description:</strong> After proper instruction of ball control, then they were given instruction (verbally) on instep ball control. Demonstrations were given and provided. The student was graded by assessing their body language: Rubric: 5 done per the instructions 4 done w minor errors 3 done w intent..but failed, tripped 2 done w no intent..and failed, or tripped</td>
<td><strong>Results:</strong> 12/19/2014 - In class time is required, dedicated field time and dedicated classroom time should be put into the class schedule and appropriate room assignments should be done. It is difficult to lay out plans or ideas on a small white board on the field. Principles of soccer need to be addressed at every class interaction. <strong>Action Category:</strong></td>
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<td>2016-17 (Spring 2017)</td>
<td>1 done w no intent..and not attempt</td>
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<td><strong>Input Date:</strong> 12/17/2013</td>
<td>After proper instruction of ball control, then they were given instruction (verbally) on shooting for a goal. Demonstrations were given and provided.</td>
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<td><strong>Course SLO Status:</strong> Active</td>
<td>The student was graded by assessing their body language: Rubric: 5 done per the instructions 4 done w minor errors 3 done w intent..but failed to score a goal 2 done w no intent..and failed to score a goal 1 done w no intent..and not attempt, no goal.</td>
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<td><strong>Assessment Method:</strong> Performance</td>
<td><strong>Standard and Target for Success:</strong> 100% of students to demonstrate a level 5 ability on instep and passing for a goal.</td>
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**Assessment Method Description:**
Assessment method is to focus on first teaching the proper technique of passing and shooting. They way I assess the student is by making sure he or she applys the proper technique. First for passing the proper non kicking foot must be next to ball exactly half a yard; Second step the ankle must be locked and toes must be pointing up, step 3 the ball must be hit in the middle and with the inside part of the foot, so that is travels on the ground. Step 4 in the moment of impact on the ball the leg must follow through for proper speed on the ball. Assessment for shooting technique is evaluated in 4 steps. Step 1 non kicking foot must be planted half yard next to the ball. Step 2 the ball must be impacted with the laces of shoe and ankle must be locked. step 3 ball is hit in the middle and the non kicking legs knee must be bent so that the ball travels on the ground. Final step follow through on the swing for power.

Students are instructed to apply the methods and apply the technique correctly for 3 days, after the 3 days the students are tested on the ability to apply the 2 techniques.

**Assessment Method:** Performance

**Standard and Target for Success:**

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<th>Semester and Year Assessment Conducted: 2013-14 (Spring 2014)</th>
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<td><strong>Faculty Assessment Leader:</strong> Jose Garcia</td>
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**Curriculum Changes**

11/21/2014 - The conditions of the practice field are insufficient to allow proper technique and practice for the female soccer players. Conditions must be improved to allow proper passing, instep and goal making.

**Action Category:** Program/College Support

11/07/2014 - More practice goal set-up would assist in allowing the female soccer players to practice their technique more frequently. This cost should be added to the PE Program Plan and Plan Builder.

**Action Category:** Program/College Support
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<td>The students are given 10 opportunities for each task and the following rubric was applied. On a five point scale 9-10 would be 5 points, 7-8 would be 4 points, 5-6 is 3 points, 3-4 is 2 points, 1-2 is 1 point and 0 would be 0 points. For passing I would expect 75% of students to finish with 7-8 successful passes meaning they receive 4 points. For shooting I would expect 75% of students to finish with 5-6 successful shoots meaning they receive 3 points.</td>
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**Assessment Method Description:**
Assessments of all student athletes, we used performance (in each event) from the first track meet in the Spring 2014 season and compare their PR in any following track meet in the Spring 2014 season.

**Assessment Method:**
Performance

**Standard and Target for Success:**
All runner will reach their PR and improve by 2 seconds. For first time runners improve their times from start of the season and set a PR. All throwers will reach their PR and increase their throws 2 feet.

05/09/2014 - 11 students attempted to complete the running assessment 8 students accomplished their goal of PR and setting 2 second. 3 students met the PR but did not increase the time by 2 second. 3 students attempted the throws all improved from the first meet setting new PR.  

**Standard Met?:**
No

**Semester and Year Assessment Conducted:**
2013-14 (Spring 2014)  

**Faculty Assessment Leader:**
Sean Fernandes

**Faculty Contributing to Assessment:**
na

12/05/2014 - work on the students strength by implementing weight room to their running and throwing.  

Which includes adjusting the syllabus and reserving the weight room.

**Action Category:**
Teaching Strategies